VISTA ROYALE COMPUTER CLUB

Meeting Minutes February 2, 2023

Sandy McKenny, Sec, welcomed 28 members to the 5th meeting of the 2023 season. We have more than 158 paid members and the 'two for one' membership dues sale <u>will continue</u> for the rest of the Club spring season. However, Feb 6th is the date we will be sending program notes only to current 2023 members.

Darryl Daniels has consented to be our vice president and one of the signers for our checking account at Wells Fargo. It is essential as we have to have 2 signers on each check and Mike Johnson has stepped down as president. Darryl also lives in Vista year-round so can check on the Lab for us through the summer. If you are interested in learning about any of the other available positions in our organization, please see Darryl, Vicky or Sandy.

Diedra McLoivre will be our speaker on Feb 16 and we need some suggestions or questions regarding what you want to learn about photography. I am sure that Diedra will show many of her photos and how she took them, but she would appreciate some inkling of what you might want to learn. Please send the questions and comments to Sandy at <u>VRCC@comcast.net</u>.

We have several FREE new ink cartridges for anyone who can use them; just ask one of the monitors for one. They are in a white plastic bag on the long table or pick up after the meeting. Here are the numbers to check your printer:

2 Cannon #245 black

1 HP 74 black

1 HP 92 black

3 934 XL black

The Lab will be used three times this month for Electronic Voting by owners who need help or a computer/internet connection to participate easily. It will be manned by members of the Electronic Voting Committee. Pertinent information will be sent to electronic voters by the committee.

This week Chet Greenwood and Vicky Getz presented a Potpourri of interesting and productive apps for your phone. Chet, a former CFO of Ethan Allen furniture plants in Vermont, started some new health & exercise routines on retirement with some of these apps which he is still using today:

SimplyFit board: [This is not an app] Chet started using one of these balance/twisting **boards** before he started walking, then running.

"*Running*" or Adidas Running has real-time GPS, goal setting plus a motivational app for improving your workout and losing weight. It is good for almost any exercise, walking, cycling, calisthenics, hiking and even swimming (just add your time and distance manually).

Health Stats: helps organize your health information; tracks your workout.

My Fitness Pal: nutrition-focused app, has additional features that can be unlocked via a Premium subscription.

Blood Donor: keeps track of your blood draw participation and also tracks all your vitals each time you visit to give blood.

Score is an app that keeps track of scores in sports and news, and you can keep a list of your favorite teams.

Lose it: keeps track of all meals, (as long as you enter them) and gives you daily, weekly, monthly calorie count. When used as a weight reduction app you can enter current weight and then a preferred weight at a given time and it will track how much to lose each day to achieve goal. It is also an android app.

He then talked about an app called: *Flight Tracker* which tracks airline flights and works well world-wide except for China or over the poles. Others in the audience also like it and mentioned the free Sky View Lite to pretend you are an astronomer.

Vicky Getz then showed some apps related to our Vista Royal UVERSE services from AT & T.

Stingray Music

No matter what your musical taste, the Stingray music streaming app has you covered. This app is compatible with android auto, Apple Carplay, airplay and Chromecast. Stingray music has an ad supported tier, and a premium ad-free tier. If you have the Stingray music channels from your TV provider, you already have a premium subscription to this service. The Stringray channels are added to your lineup when you add AT&T Internet to your Vista Royale AT&T TV Service. Available for Apple and Android.

U-verse App

The U-verse app on your phone or tablet is a must have app if you have an AT&T U-verse account as all Vista Royale owners have. Simply Login with your AT&T <u>billing</u> credentials and you have access to the program guide that shows everything you are subscribed to. You can watch live TV on your phone or tablet, and manage your DVR setting up and deleting recordings even when you are away from home!

Radio Apps

Vicky also mentioned several free radio streaming apps that she has on her phone so she can listen to various radio stations from around the country and Canada. She uses Audacy. CBC Listen, and myTunerRadio to pick up various radio stations that she enjoys. She also likes TitanTV which is a personalized TV guide.

Thanks again to both of you for an interesting representation of apps that members might want to download and use. If you would consider demo'ing a favorite app/software or website when we have another planned Potpourri Meeting, please let Vicky Getz know.

From Vicky: per Sandy Adam's request for training on the AT&T TV Services

Training Materials from my first presentation on using the AT&T TV bulk service that Vista provides:

https://www.getzweb.net/vista/att/Using_AT&T_TV_Features.pdf

Written instructions on how to set up a recording on your TV with AT&T equipment:

https://www.getzweb.net/vista/att/Scheduling-a-Recording.pdf

Next week's program from ACT Computers and Jurgen Schwanitz will both amaze you and probably scare you at the same time. He has been exploring the new phenomenon called ChatGPT a free app that is turning the AI [Artificial Intelligence] community upside down according to TV spots and newspaper articles. Jurgen has already done a TV TECHTALK show which premiered earlier this week on this topic and is sharing the link with us.

https://youtu.be/8yrtVBiuYYQ Prepare to be surprised.

He will elaborate on this subject next week just for us. Stay abreast with the latest wrinkle in the tech world on Thursday morning with Jurgen at Pine Arbor 9:30am. Don't miss another good presentation.

Regards, Sandy McKenny, Sec.

Attachments area Preview YouTube video TECHTALK | CHATGPT



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